



MILE HIGH BIKRAM YOGA

Denver's ONLY Certified
Bikram Yoga School

Mile High Bikram Yoga
College of India
5019 East Colfax Avenue
Denver, CO 80220
303.377.2227

HOT YOGA

Come join us for 90 minutes of the most perfect form of exercise for your mind, body and spirit.

		M	T	W	TH	F	SA	SU
A.M.	6:00							
	9:00							
P.M.	4:00							
	5:00							
	6:00							
	7:00							

New student discount
**1 WEEK
UNLIMITED YOGA
\$20**

www.MILEHIGHBIKRAMYOGA.COM

COLD JUICE



Vitality Juiceworks
5019 East Colfax Avenue
Denver, CO 80220
303.321.3387

Vitality Juiceworks provides 100% fresh pressed juices and smoothies that are all natural and unpasteurized with no added sweeteners, preservatives or concentrates.

Experience juice straight from the source



Nothing Added, Nothing Taken Away

Gourmet Fresh Pressed
Juices and Smoothies

Present this coupon for:

\$1.00 OFF
JUICE OR SMOOTHIE
(1 per customer)

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